

# REDDAM HOUSE CANTEEN MENU TERM 1 2019

## **SANDWICHES** \$6.00

Egg mayonnaise & lettuce  
Tuna mayonnaise & salad  
Chicken mayonnaise & salad  
Cheese & salad



## **TOASTIES** on wholemeal bread

**gluten free bread available**

Cheese	\$3.00
Ham	\$4.00
Cheese & Ham	\$4.00
Cheese & Tomato	\$3.50
Ham, Cheese & Tomato	\$5.50
Jam/Vegemite	\$2.50
Chicken mayo	\$5.50
Egg & Bacon Roll	\$5.50

## **YOGHURT & FRUIT**

98% fat free, with toppings	\$4.00
Organic yoghurt	\$4.00
1 piece of fruit	\$2.00
Fruits salad	\$4.00



## **SNACKS**

Pizza ( <b>recess only</b> )	\$2.50
Edamame beans	\$3.00
Hardboiled egg	\$1.00
Veggie sticks w/hummus	\$4.00
Piranha veg crackers (gf)	\$1.00
Snaps: bbq OR salsa	\$2.00
Mini gingerbread man	50c
Gingerbread flower	\$4.00
Popcorn (gf)	\$1.50
Kez cookie bites choc chip	\$2.50
Kez coconut lamington	\$2.50
Kez honey crunch (gf)	\$3.00
Banana bread	\$4.00
Assorted muffins	\$4.00



## **BAGEL available Tues, Wed, Thurs**

Plain	\$3.50
Vegemite	\$4.00
Cream Cheese	\$5.00
Smoked Salmon & cream cheese	\$6.00



## **DAILY SPECIALS**

**MONDAY** - Chicken fingers 60c each **OR** Sushi \$4.00 (tuna, tuna & avo, salmon & avo, teriyaki chicken, chicken schnitzel)

**TUESDAY** – Beef Burger \$6.50 OR Chicken Schnitzel Burger \$6.50

**WEDNESDAY** – Pesto pasta salad with baby bocconcini, olives & cherry tomatoes \$4.50 or \$7.00

**THURSDAY** – Spaghetti Bolognese \$4.50 or \$7.00 OR Sushi \$4.00 (tuna, tuna & avo, salmon & avo, teriyaki chicken, chicken schnitzel)

**FRIDAY** - Poke Bowls \$8.50  
Smoked Salmon OR Roast Chicken

**SALADS** Small \$4.50 Medium \$7.00 Large \$8.50  
Greek Tuna Garden



## **HOT FOODS gluten free available upon request**

Creamy Tomato Pasta with Cheese small \$3.50 OR medium \$5.00

Plain Pasta small \$3.50 OR medium \$5.00

Plain Pasta with Cheese small \$3.50 OR medium \$5.00

## **DRINKS**

Parker's organic juice \$4.00

Water \$2.00

300ml plain milk carton \$2.00 w/sipper straw \$3.00

Hot chocolate \$3.50

## **FROZEN**

Icy twist	\$2.50
Calippo	\$2.50
Twisted	\$3.00
(strawberry vanilla, choc vanilla, watermelon mango)	
Sorbet	\$3.00
(orange mango, lemon, passion-mango, red apple, pomegranate)	



**ALL MENU ITEMS SUBJECT TO AVAILABILITY.**